

Human Aging 2nd Edition

Introduction to Aging Handbook of Theories of Aging, Second Edition Health, Illness, and Optimal Aging, Second Edition Global Aging, Second Edition Public Health and Aging Nursing Home Administration Nursing Home Administration Physiology of Exercise and Healthy Aging Human Aging Communication and Aging Adult Development and Aging Handbook of Aging and the Social Sciences American Handbook of Psychiatry, Second Edition The Aging Individual Adult Development and Ageing Physical Change and Aging Ageing, Cognition, and Neuroscience The Cumulative Book Index Reference Quarterly Case-based Geriatrics: A Global Approach *Judith A. Sugar Merrill Silverstein PhD Carolyn M. Aldwin Frank J. Whittington Steven M. Albert James E. Allen James Elmore Allen Albert W. Taylor Paul W. Foos Jon F. Nussbaum William J. Hoyer Robert H. Binstock Susan Krauss Whitbourne Dap Louw Sue V. Saxon Soledad Ballesteros Victor A. Hirth*

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the second edition of this engaging text reflects a welcome new paradigm for aging that of aging as a positive stage of life written for undergraduate and masters level students it provides an interdisciplinary perspective on the wide variety of subject areas within gerontology and combines research with engrossing narratives new trends and controversial topics substantially updated the second edition features integrated content on the diversity of the aging population state of the art information includes new science on the biology of aging chronic conditions integrated care changing roles for older adults new demographics and critical policy issues the second edition examines career opportunities in gerontology and includes practical applications and student activities new scenarios and many more charts and graphs qualified instructors have access to supplementary material including powerpoint slides a test bank and an instructor s manual key features conceptualizes a positive approach to aging with an emphasis on the advantages and opportunities presented by the large and growing number of older americans delivers comprehensive interdisciplinary coverage of aging topics dispels negative myths about aging engages the reader with vivid narratives and thought provoking

activities offers a broad range of subject areas in the field from biological aging processes to economics and living arrangements provides instructor's manual powerpoint slides and test bank for additional learning includes access to student activities answer key new to the second edition presents a new chapter on careers in aging which explores expanding opportunities explores new and updated demographics includes new information on personality palliative care age friendly communities homelessness social networks medicaid and more presents a new approach to elder abuse focusing on solutions to social isolation a major cause of abuse

the field of gerontology has often been criticized for being data rich but theory poor the editors of this book address this issue by stressing the importance of theory in gerontology while the previous edition focused on multidisciplinary approaches to aging theory this new edition provides cross disciplinary integrative explanations of aging theory the contributors of this text have reached beyond traditional disciplinary boundaries to partner with researchers in adjacent fields in studying aging and age related phenomena this edition of the handbook consists of 39 chapters written by 67 internationally recognized experts in the field of aging it is organized in seven sections reflecting the major theoretical developments in gerontology over the past 10 years special features comprehensive coverage of aging theory focusing on the biological psychological and social aspects of aging a section dedicated to discussing how aging theory informs public policy a concluding chapter summarizing the major themes of aging and offering predictions about the future of theory development required reading for graduate students and post doctoral fellows this textbook represents the current status of theoretical development in the study of aging

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praise for the first edition this book is exemplary in amassing demographic policy and sociopsychological data from around the world the content of the book is rich with current information seldom accumulated into one source i recommend this volume to gerontologists aging studies undergraduate and graduate students demographers and global studies scholars dr carol a gosselink psyc critiques written by leading scholars this esteemed text on global aging is distinguished by its unique perspective on universal similarities and sociocultural differences across nations fully revised updated and reorganized the second edition presents comprehensive coverage of major topics in social gerontology and expands its treatment of health behavior health care families caregiving older workers and retirement it delivers new information on living environments religious beliefs and practices environmental threats cross cultural views of dementia ageism in advertising age friendly communities global immigration and cultural assimilation and end of life caregiving the second edition also offers additional case studies first person narratives and focused essays to enhance core material and a greater number of non western contributors the topical essays reflect changing mores and current issues affecting societies and the aging experience discussion questions conclude each chapter and an instructor's manual and powerpoint slides are available to instructors print version of the book includes free searchable digital access to entire contents new to the second edition expanded content on health beliefs and health behavior religious belief and practice environmental threats housing and living environments physical security

consumer control of health care family life and more additional topics on global immigration and cultural assimilation age portrayals in advertising voluntarism and the use of social media in caregiving abundant new and expanded essays new case studies and first person narratives many more non western contributors key features delivers comprehensive coverage of major topics in gerontology uses a unique comparative cross national perspective authored by world renowned aging scholars includes case studies essays personal narratives to enliven core information provides the most comprehensive demographic data on aging around the world

named a 2013 doody s core title the new edition has the balance of breadth and depth and should appeal to practitioners academics and students alike the second edition of public health and aging is a must read book in the developing field of public health and aging american public health association this book provides an understanding of the physical mental and social functioning domains that affect older persons and how these affect quality of life this is a valuable addition to the growing field of public health and aging doody s this book promotes the development and maintenance of optimal physical mental and social functioning irrespective of acquired diseases and with due recognition of the senescent changes that accompany late life updated revised and significantly expanded this second edition contains new chapters that examine chronic disease long term care and ethical issues in public health and aging the book also serves as a resource to health professionals and students delineating what measures health care professionals can take to help elderly populations not only maintain but optimise their health the lamp the health care industry has continued its efforts to promote health and prevent disease among elderly populations in this book however the authors argue that simple health promotion and disease prevention are not enough to address the many challenges of aging whether it entails being physically frail living with dementia or approaching death instead the unique focus of this groundbreaking text centers on maximizing function and well being for the elderly this book promotes the development and maintenance of optimal physical mental and social functioning irrespective of acquired disease and with due recognition of the senescent changes that accompany late life updated revised and significantly expanded this second edition contains new chapters that examine chronic disease long term care and ethical issues in public health and aging the book also serves as an excellent textbook for both graduate and undergraduate curriculums key features provides updated statistics and trends related to physical cognitive and affective functioning for older adults covers key topics such as physical functioning and disability cognitive disability affective and social functioning quality of life and mortality discusses the national efforts to make communities more elder friendly includes important information on evidence based depression management programs covers the core fields of public health epidemiology population studies health systems and policy and health behaviors instructor s guide available to qualified instructors contact textbook springerpub com

this highly readable and successful new edition contains the knowledge essential to prepare for licensure and employment as a nursing home administrator the author uses the format of the licensing examination and the guidelines of the national association of boards of examiners of nursing home administrators as the basis for this text the new edition contains updated or new material on the use of computer networks and client server architecture theories of aging major organizations in long term care with website addresses the use of restraints extensive data from the first

ever national federal database on nursing facilities deficiency patterns from 1993 1999 first time information on the number of special care beds new total nursing hour per resident day data percent of chain owned and hospital owned nursing facilities percent of residents with dementia and more in conjunction with its supplement the licensing exam review guide for nursing home administration this text has helped thousands of students become licensed nursing home administrators

contains the knowledge essential to prepare for licensure and employment as a nursing home administrator using as its basis the guidelines of the national association of boards of examiners of nursing home administrators this work includes sections on distinguishing delirium from dementia psychosis from agitation gerd and glycemic control

with life expectancy increasing globally older adults around the world want to live active lifestyles with improved health and higher quality of life physiology of exercise and healthy aging second edition examines the effects of the aging process on the major physiological systems and identifies the positive impacts of physical activity and regular exercise for older adults including delaying specific diseases and increasing quality of life students will be presented with foundational concepts of physiology to understand the structural and functional changes on the major physiological systems throughout the aging process physiological responses to acute and chronic exercise are examined with comprehensive coverage of studies on age related diseases and other common issues for older adults including cardiovascular disease cardiorespiratory fitness type 2 diabetes muscle metabolism and strength osteoporosis neurophysiology and arthritis plus content new to this edition that addresses mental health pelvic floor issues and incontinence and sexual activity programming recommendations in each chapter translate exercise science into practice examining the benefits of exercise contraindicated exercises and other forms of physical activity beneficial to the aging population exercise considerations address the training needs of older adults in three unique groups average aging adults frail elderly with special needs and masters athletes with expanded content more reflective of today s active seniors with an emphasis on screening and assessment coupled with basic principles of exercise and training programs students will learn to safely administer exercise programs that meet the needs of older adults in any stage of aging and at various levels of physical activity to contribute to increased health and quality of life for all chapter opening quotes bring content to life with insights from scientists fitness professionals and other experts chapter objectives new to this edition help readers to understand and apply key concepts questions to consider at the end of each chapter provide tools for reflection while references direct students to additional reading and opportunities for further learning an appendix offers easy access to assessments and forms including a three day nutritional assessment form and a client report form preparing readers for professional use in their careers with older adult clients physiology of exercise and healthy aging second edition delivers a thorough discussion of the physiological effects of aging and illustrates the power of exercise as a tool to reduce or offset the effects of aging in order to improve the quality of life enjoyed by our aging population

this text offers a readable and friendly presentation of the important methods findings and theories of human aging while actively involving the

reader in meaningful exercises and critical thinking students are repeatedly challenged to apply information in the text to the older adults in their own lives specifically suggestions for enhancing the lives of their older relatives are offered and encouraged these include guidelines for discussions they might have regarding social emotional and environmental changes as well encouraging intellectual and social interaction in this edition emphasis on the science of the study of aging and why questions in aging are difficult to answer how social scientists attempt to handle such difficulties and the successes and failures social scientists have had thus far in answering those questions the text also demonstrates how current research findings are now being applied in the real world and or how they might be applied in the future cross cultural comparisons and ethnic group comparisons are included wherever possible each chapter begins with senior view which introduces students to a real person and gives them a chance to hear what older adults think and say about important issues related to the chapter and a chance to compare those opinions to the research findings each chapter ends with making choices emphasizing the important behavioral emotional and social choices that students can make now to prolong a healthy happy life chapter projects offer the opportunity for active learning as students investigate for themselves an issue related to the chapter instructors can expand these projects for students who want to learn more or for independent study focus on aging boxes compliment the material in the text providing additional insight and examples and encouraging critical thinking every chapter includes discussion questions study questions chapter exercises and related online resources

this text employs a communication perspective to examine the aging process and the ability of individuals to adapt successfully to aging it continues the groundbreaking work of the first edition emphasizing a life span approach toward understanding the social interaction that occurs during later life the edition provides a comprehensive update on the existing and emerging research within communication and aging studies and considers such topics as notions of successful aging positive and negative stereotypes toward older adults and health communication issues it raises awareness of the barriers facing elderly people in conversation and the importance such conversations have in elderly people s lives the impact of nonrelational processes such as hearing loss are considered as they impact relationships with others and affect the ability to age successfully the book is organized into 14 chapters each chapter is written so that the reader is presented with an exhaustive review of the pertinent and recent literature from the social sciences as in the first edition when the literature is empirically based the communicative ramifications are then discussed readers of this volume will gain greater understanding of the importance of their communicative relationships and how significant they remain across the life span developed for students in communication psychology nursing social gerontology sociology and related areas communication and aging provides important insights on communication to all who are affected by the aging process

this edition offers a clear account of the salient issues and concerns that dominate the field of adult development gender differences and race ethnic diversity are discussed in their relation to all major topics there is also new coverage on the impact of religion and spirituality

continuing in the tradition of the first edition whitbourne s identity process model serves to integrate the physiological with a psychological

perspective the effects of physical changes on the individual are examined in terms of identity as well as the impact of identity on the interpretation of these changes the preventive and compensatory steps that individuals can take to offset the aging process are explored as well as with the first edition a major strength of this text is the author's illumination of complex biological concepts in a clear and accessible style the second edition includes new material focusing on demographic statistics chronic diseases the biopsychosocial perspective and successful aging this edition also features new charts tables and figures to highlight the text this is an excellent text for advanced undergraduate and graduate students in the fields of psychology gerontology and social work

developed nations are experiencing enormous increases in the number of elderly people in the population ageing is a universal complex multifaceted process that profoundly affects mind and brain of all individuals important discoveries are being made at different levels of research on cognitive aging from the molecular genetic level to the cell the network and the processing of information at the cognitive level the aim of this special issue is to examine new breakthroughs of the aging mind and brain and how to use this knowledge to promote interdisciplinary research in normal and pathological aging

a world list of books in the english language

a full color case based guide to the principles and clinical aspects of geriatric care case based geriatrics utilizes a case and evidence based approach to help you understand the key principles and clinical points of geriatric medicine and healthcare written to reflect the field's growing trend toward interdisciplinary collaboration the book is of value not only to physicians but to the entire health team involved in the care of the elderly this unique text is constructed around case presentations which are used as the primary teaching tool these cases reflect issues and principles of geriatrics that are encountered and practiced worldwide you will learn how cultural characteristics of both patients and providers have added new layers of complications to this already challenging field and how they can be recognized and overcome each case is directly linked to the learning objectives found in each chapter review questions appear at the beginning and end of each chapter to test your understanding case based geriatrics is divided into three sections issues in aging features foundational chapters covering essential topics such as biology of aging worldwide demographics the geriatric physical exam sensory changes in aging and approaches to laboratory testing and imaging in aging inter professional geriatrics provides an overview of multi professional team care and covers important topics such as pre and post operative care discharge planning and transitional care end of life care home care and long term care geriatric syndromes and important issues covers common disorders such as delirium dementia depression stroke hypertension osteoporosis and more

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Introduction

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